Intravenous antibiotic duration in the treatment of prosthetic joint infection: systematic review and meta-analysis

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Abstract. Introduction: Long antibiotic courses, including intravenous (IV) and oral administrations, are utilized in prosthetic joint infection (PJI) treatment. This meta-analysis examines the non-inferiority of short courses (<4 weeks) of IV antibiotics compared to long courses in treating PJI. Critical review of IV treatment is necessary due to the clinical, physical, and financial burden associated with it and its continued prolonged use in the US without much evidence to support the practice. Methods: Following the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA), databases were searched using predefined medical subject headings (MeSH). Results: The nine included studies reported 521 total hip arthroplasties (THAs) and 530 total knee arthroplasties (TKAs). There was no significant difference in the overall success rate in short- vs. long-duration IV antibiotics for PJI treatment: odds ratio (OR) of 1.65, 95% confidence interval (CI) of 0.78–3.46, and \( p = 0.18 \). However, due to the moderate to high heterogeneity \( (I^2 = 68\%, \ p < 0.01) \) amongst studies, an adjusted success rate was calculated after the exclusion of two studies. This showed a statistically significant difference between both groups (OR of 2.45, 95% CI of 1.21–4.96, \( p < 0.001 \)) favoring a short course of antibiotics and reflecting a more homogenous population \( (I^2 = 51\%, \ p = 0.06) \). Conclusion: This study highlights the limited data available for evaluating IV antibiotic duration in the setting of PJI. We found that a shorter duration of IV antibiotics was non-inferior to a longer duration, with an improved OR of 2.45 for treatment success, likely shortening inpatient stay as well as lessening side effects and antimicrobial resistance with a lower cost to patients and overall healthcare.

1 Introduction

Many patients with arthritis find total hip or knee replacement to be one of the most effective orthopaedic procedures for pain relief, function restoration, and improved quality of life (Zimmerli et al., 2004). As a result of the success of this surgery, the annual demand for total hip and knee arthroplasties has surpassed previously forecasted expectations. It is estimated that total hip arthroplasty (THA) and total knee arthroplasty (TKA) demand will rise by 174% and 673%, respectively, in the US (Sloan et al., 2018; Kurtz et al., 2007), with similar increases expected in Europe (Leitner et al., 2018; Robertsson et al., 2010). Unfortunately, prosthetic joint infection (PJI) is considered one of the leading causes of failure for hip and knee replacements and is associated with significant morbidity and mortality (Kurtz et al., 2008; Klouche et al., 2010; Bozic and Ries, 2005). According to the Nationwide Inpatient Sample, the yearly PJI incidence in the US escalated from 1.99% to 2.18% for hip arthroplasties and from 2.05% to 2.18% for knee arthroplasties from 2001 to 2009 (Kurtz et al., 2012). Despite global efforts to reduce postoperative infection, multiple international registries have also demonstrated the increased infection burden over time (Springer et al., 2017).

In general, the treatment of PJI is based on (1) surgical debridement, (2) local delivery of an antimicrobial, and (3) par-
enteral administration of antibiotics possibly supplemented by an oral antibiotic regimen (Tande and Patel, 2014). However, the optimal surgical and antibiotic treatment of PJI is unclear. These complicated cases place a huge physical and emotional burden on patients, challenge orthopaedic surgeons and infectious disease specialists, and strain our healthcare systems financially. In the US alone, the estimated cost of treatment of PJI is USD 1.62 billion (Haddad et al., 2017). Additionally, the increased cost to the healthcare system must be considered when it comes to the high use of resources (in hospital and outside the hospital), the length of hospital/facility stays, and the overall duration of treatment during the hospital stay (Moore et al., 2015).

There has been an increasing focus on the issue of PJI and how to improve our treatment success and decrease the burden experienced by the patient, medical professionals, and the healthcare system. Recently, the “Oral versus Intravenous Antibiotics for Bone and Joint Infection” (OVIVA) randomized, controlled non-inferiority trial was published (Li et al., 2019); this study outlined that a 1-week course of intravenous antibiotics followed by oral antibiotic step-down therapy was as effective as a longer traditional 6-week course of IV antibiotics for the management of a variety of bone or joint infections. This is one of the only comprehensive studies evaluating the topic of short vs. long treatment; however, even in this analysis, it only comprises approximately 62% of reported cases that refer to the treatment of PJI (with the remainder being osteomyelitis and discitis).

Prior to the publication of the OVIVA trial, Yen et al. (2019) highlighted (in a systematic review and meta-analysis) that shorter clinical courses of antibiotic treatment (IV and oral) have been associated with favorable results. This review focuses on the combined course of intravenous (IV) and oral antibiotics in PJI treatment.

Currently, significant variations exist in the recommended duration of IV antibiotics alone when comparing the Infectious Diseases Society of America (IDSA) guidelines, which recommend approximately 2–6 weeks of pathogen-specific IV antibiotics (Osmon et al., 2013), with European guidelines, such as the Italian or Spanish recommendations, which tend toward a shorter IV antibiotic duration in PJI treatment (Esposito et al., 2009; Ariza et al., 2017). While most researchers focus on a shorter-duration antibiotic course, this work emphasizes the intravenous component of the antibiotic course, in the setting of PJI only, which has emerged as a consequence of the requirements and the burden associated with this route of administration.

We conducted a systematic review and meta-analysis to determine if the success rate of short-duration IV antibiotics is non-inferior to a long duration of IV antibiotics. We also evaluated if baseline characteristics in the short-term group could have an impact on the success rate studied.

2 Methods

2.1 Search strategy

We conducted a quantitative synthesis of all studies comparing short-duration (<4 weeks) and long-duration (≥4 weeks) IV antibiotic treatment for PJI, according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines with a PRISMA checklist and algorithm (Liberati et al., 2009). The search algorithm according to the PRISMA guidelines is shown in Fig. 1. A literature review was performed using Cochrane Library, PubMed/MEDLINE, and Scopus. No restrictions were made regarding language, publication status, and clinical study design; moreover, no date restriction was set. The search strategy used the following medical subject headings (MeSH) and terms:

1. “intravenous antibiotic” AND “prosthetic joint infection”;
2. (“injections, intravenous” OR “infusions, intravenous”) AND (“anti-bacterial agents”) AND (“hip prosthesis” OR “arthroplasty, replacement, hip”);
3. (“injections, intravenous” OR “infusions, intravenous”) AND (“anti-bacterial agents”) AND (“knee prosthesis” OR “arthroplasty, replacement, knee”);
4. (“injections, intravenous” OR “infusions, intravenous”) AND (“anti-bacterial agents”) AND (“prosthesis-related infections”).

Supplemental data were identified through a random search on Google and Google Scholar. A search of the references of recent meta-analysis on the subject was also completed. For further information regarding current trials, the ClinicalTrials.gov (ClinicalTrials.gov, 2021) registry platform was searched using the following MeSH terms: “intravenous antibiotic” AND “prosthetic joint infections”.

2.2 Data extraction

Two independent reviewers separately conducted the search. Two investigators independently screened the retrieved database for relevance, starting with title and abstract. If this was considered insufficient, full-text articles were reviewed to reach final eligibility decision. Full-text articles were reviewed according to the inclusion and exclusion criteria for the meta-analysis in order to avoid selection bias and errors. If there was any disagreement among investigators regarding the inclusion and exclusion criteria, it was solved by discussion, and the final decision was made by the senior investigator. To complete the information regarding some of the articles included in our meta-analysis, we reached out to corresponding authors via email to acquire any additional information required for the meta-analysis. When final studies to be included in the quantitative synthesis were chosen, a
2.3 Inclusion and exclusion criteria

Studies meeting the following criteria were included: (1) human studies, (2) comparative studies, (3) reporting short-duration (<4 weeks) vs. long-duration (≥4 weeks) IV antibiotic treatment in total hip or knee arthroplasty related to PJI, and (4) reporting efficacy and success rate outcomes, postoperative complications, and safety measures. Animal studies or in vitro investigations were excluded.

2.4 Quality assessment

The methodological quality of all eligible studies was independently assessed by two reviewers. The Newcastle–Ottawa scale (NOS) was used to evaluate cohort and case-control studies (Ottawa Hospital Research Institute, 2021). The NOS focuses on three areas: study group selection; group comparability; and exposure or outcome determination for case-control or cohort studies, respectively. This scale allocates a maximum of nine stars to each study, with ≥7 indicating a low risk of bias. Each study was rated “good”, “fair”, or “poor” based on its component scores. For this meta-analysis, a revised tool called the Risk of Bias 2 (RoB 2, 9 October 2018 version) was used to assess bias in randomized trials. The updated version of the tool is structured into five domains, including signaling questions. The five domains constitute bias related to the randomization process, deviations from intended interventions, missing outcome data, measurement of the outcome, or a selection of the reported result. Each item was recorded as “high risk”, “low risk”, or “some concerns” (Sterne et al., 2019). Disagreement was resolved by a consensus strategy.
2.5 Statistical analysis

The meta-analysis and forest plots were carried out using the meta-analysis package “meta” (Schwarzer et al., 2015, 2021) in R (version 3.6.3; R Core Team). The combined odds ratio (OR) and its 95% confidence interval (CI) was based on a random-effects model, considering between and within variation from different studies. Heterogeneity was examined based on the $\chi^2$ statistic and $I^2$ statistic from either a random-effects model (if significant) or a fixed-effects model (if not significant) (Schwarzer et al., 2015).

3 Results

The search terms identified 2071 potentially relevant studies. Other sources added 28 titles. After removing duplicates, 770 articles were screened by title and abstract, and 743 were eliminated. After applying inclusion and exclusion criteria to the remaining 27 full-text studies, 18 were excluded. The systematic review and meta-analysis included nine articles (Fig. 1).

This meta-analysis included 521 THAs and 530 TKAs on 1051 patients (Table 1). Mean age at surgery was 61–77 with a mean follow-up period of 12–75 months.

To improve on uniform reporting of the definition of successful outcomes, the Musculoskeletal Infection Society (MSIS) PJI treatment outcome reporting (Fillingham et al., 2019) is highlighted in a separate column in Table 1 of this meta-analysis. This tool was used to standardize research outcome definitions and provide information that included the initial treatment of PJI. Adjustment of the components to the best-fit information provided by each article has been included, and the outcome definition is also provided in Table 1. Additionally, we evaluated the correlation to a successful outcome based on the infecting organism, such as coagulase-negative staphylococci (CoNS) or methicillin-resistant Staphylococcus aureus (MRSA); the onset of infection; the duration of infection, as described in the study; the length of hospitalization; and mortality.

There are eight cohort studies included in the meta-analysis comparing short vs. long IV antibiotic duration in PJI treatment, but only one randomized, controlled non-inferiority trial by Li et al. (2019) was included. The focus of this analysis was on the comparison between the short and long durations of IV therapy in both groups. The risk of bias for the included cohort studies was evaluated using the “Newcastle–Ottawa Quality Assessment Form for Cohort Studies” (Ottawa Hospital Research Institute, 2021). In the quality assessment of the included studies, three were considered “good”, three were considered “fair”, and two were considered “poor” (Table 2). The risk of bias for the randomized trial (Li et al., 2019) was evaluated using the Rob 2 tool (Sterne et al., 2019) and is summarized in Table 3.

3.1 Overall success rate

Although the measured outcomes differed across studies, we aligned the definitions of success mentioned, as some studies tracked failure rates (Table 1). Our quantitative analysis of the success rate highlighted two forest plots (see Figs. 2 and 3).

The first forest plot (Fig. 2) includes all nine studies that met the screening and inclusion criteria of our meta-analysis, and it presents the overall success rate when comparing short-duration vs. long-duration IV antibiotic treatments in THA- and TKA-related PJI treatment.

The overall success rate of our meta-analysis was analyzed using a random-effects model and yielded an OR of 1.65 [0.78, 3.46]; this outcome is in favor of the experimental group (short-duration IV antibiotics), as it is greater than 1, but revealed no statistical significant difference between the two groups (95% CI of 0.78–3.46, $p = 0.18$; Fig. 2, Table 4).

The overall analysis revealed a heterogeneity (estimated using $I^2$ statistics) of 68% ($p$ value of < 0.01), which is considered to be between moderate and high (Higgins et al., 2003). The use of the random-effects model in the analysis is explained by the significant $p$ value.

3.2 Adjusted success rate

As a result of the high heterogeneity in the overall success rate measured across all nine studies included in the meta-analysis, we excluded the study by Byren et al. (2009) because there was a large disparity in the number of patients between the short- and long-term groups. Hsieh et al. (2009) was excluded because both groups included were considered to be receiving short-duration IV antibiotics, which did not allow for an adequate comparison. This resulted in a second forest plot (Fig. 3) that presents an adjusted success rate outcome with a total of seven studies. The adjusted success rate after excluding the Byren et al. (2009) and Hsieh et al. (2009) studies was analyzed using a fixed-effects model and presented an OR of 2.45 [1.21, 4.96] in favor of the experimental group (short-duration IV antibiotics) with a statistically significant difference between the short- and long-duration groups favoring the shorter-duration group (95% CI of 1.21–4.96, $p < 0.001$; Table 4).

With an $I^2$ of 51%, the adjusted success rate outcome analysis revealed homogeneity ($p$ value of 0.06). Because the $p$ value with the $I^2$ was not significant, a fixed-effects model was used.

3.3 Baseline variables

Baseline variables among the short-duration vs. long-duration IV antibiotics groups were analyzed in our meta-analysis exploring the possibility of its influence on the endpoints of our study (Table 5). No significant difference was shown between short-duration and long-duration antibiotics.
Table 1. Patient demographics and study details extracted from all studies included in the meta-analysis and systematic review (n = 9). Italic text denotes the treatment administered.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Country, year</th>
<th>Study type</th>
<th>Age (years)</th>
<th>No. of patients</th>
<th>Treatment type</th>
<th>Surgery (no. of patients)</th>
<th>IV antibiotics duration</th>
<th>Mean follow-up (months)</th>
<th>Success rate definition outcome</th>
<th>MSIS tool</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chaussade et al. (2017)</td>
<td>France, Swiss, 2017</td>
<td>Multicenter, retrospective cohort</td>
<td>Median: 71</td>
<td>87</td>
<td>DAIR within 3 weeks of the first symptoms</td>
<td>TKA (27), THA (60)</td>
<td>IV and oral: 12 weeks (13 d IV solely FBO vs. 6 weeks (10 d IV solely FBO) Solely on IV: 12 weeks vs. 6 weeks</td>
<td>Minimum 12 months after surgery</td>
<td>Remission: no clinical S/S, imaging, and no need for continuing antibiotic therapy</td>
<td>T1</td>
</tr>
<tr>
<td>Ma et al. (2020)</td>
<td>Taiwan, 2020</td>
<td>Single-center, retrospective cohort</td>
<td>Mean (range): 70.3 (19–86)</td>
<td>64</td>
<td>SEA with ALCS</td>
<td>TKA</td>
<td>IV and oral: 4–6 weeks (22.7 ± 9.9 d IV solely FBO vs. almost &lt; 1 week solely on IV</td>
<td>Mean (range): 75.3 (24–133)</td>
<td>Implant survival rate at 1 or 5 years</td>
<td>T3B</td>
</tr>
<tr>
<td>Mittal et al. (2007)</td>
<td>USA, 2007</td>
<td>Multicenter, retrospective cohort</td>
<td>Median (IQR): 70 (11.5)</td>
<td>37</td>
<td>SEA with ALCS</td>
<td>TKA</td>
<td>Solely on IV: ≥ 6 weeks vs. &lt; 6 weeks</td>
<td>Mean (range): 51 (24–111)</td>
<td>No treatment failure: no need for an arthrodesis or an amputation and no reinfection (can or cannot be a different organism)</td>
<td>T3E</td>
</tr>
<tr>
<td>Bernard et al. (2010)</td>
<td>Switzerland, 2010</td>
<td>Single-center, prospective cohort</td>
<td>Median (IQR): 77 (67–82)</td>
<td>144</td>
<td>DAIR, SEA, one-stage exchange, Girdlestone resection, or arthrodesis</td>
<td>THA (62), hip arthroplasties (20), TKA (62)</td>
<td>IV and oral: 12 weeks (2 weeks and 1 d solely on IV FBO vs. 6 weeks (1 week and 4 d solely on IV FBO)</td>
<td>Median (IQR): 36 (26–65)</td>
<td>Cure: no clinical S/S – radiological and biological signs</td>
<td>T1</td>
</tr>
<tr>
<td>Byren et al. (2009)</td>
<td>UK, 2009</td>
<td>Single-center, retrospective cohort</td>
<td>Median: 60–69</td>
<td>112</td>
<td>DAIR</td>
<td>TKA (51); THA of ankle, shoulder, or elbow (52); other (9)</td>
<td>Solely on IV: ≥ 4 weeks vs. &lt; 4 weeks</td>
<td>27.6</td>
<td>No treatment failure: no culture, sinus drainage, or need for surgery</td>
<td>T3B</td>
</tr>
</tbody>
</table>
Table 1. Continued.

<table>
<thead>
<tr>
<th>Authors</th>
<th>Country, year</th>
<th>Study type</th>
<th>Age (years)</th>
<th>No. of patients</th>
<th>Treatment type</th>
<th>Surgery (no. of patients)</th>
<th>IV antibiotics duration</th>
<th>Mean follow-up (months)</th>
<th>Success rate definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hsieh et al.</td>
<td>Taiwan, 2009</td>
<td>Single-center, retrospective cohort</td>
<td>Mean (range): 61 (22–81)</td>
<td>99 SEA with ALCS</td>
<td>THA (52), TKA (47)</td>
<td>IV with or without oral: IV 4 weeks with or without oral vs. 1 week IV</td>
<td>Mean (range): 43 (24–60)</td>
<td>No treatment failure: free of infection (no persistent infection and/or reinfection)</td>
<td></td>
</tr>
<tr>
<td>Laffer et al.</td>
<td>USA, 2006</td>
<td>Single-center, retrospective cohort</td>
<td>Median (range): 70 (44–90)</td>
<td>34 DAIR, SEA, one-stage exchange TKA</td>
<td>IV with or without oral: ≥6 months: ≥2 weeks IV (≥6 weeks IV for two-stage exchange) vs. 3 to &lt;6 months or initial IV for ≤2 weeks</td>
<td>Mean (range): 28 (2–193)</td>
<td>Cure: no clinical S/S, imaging, and CRP of 10 mg L⁻¹ or ESR of 20 mm h⁻¹</td>
<td></td>
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</tr>
<tr>
<td>El Helou et al.</td>
<td>USA, 2011</td>
<td>Single-center, retrospective cohort</td>
<td>Mean (SD): 68 (10.1)</td>
<td>208 SEA with ALCS</td>
<td>TKA (108), THA (100)</td>
<td>Solely on IV: 6 weeks vs. 4 weeks IV and oral: IV 6 weeks vs. 4 weeks FBO</td>
<td>Minimum of 24 months</td>
<td>No treatment failure: no clinical S/S, lab, imaging, recurrence by same pathogen, or death by infection or surgery</td>
<td></td>
</tr>
<tr>
<td>Li et al.</td>
<td>UK, 2019</td>
<td>Multicenter, open-label, parallel-group, randomized, controlled non-inferiority</td>
<td>Median (range): 60 (49–70)</td>
<td>1051 DAIR, SEA</td>
<td>TKA (530), THA (521)</td>
<td>Solely on IV: &lt;2 weeks vs. &gt;2 weeks</td>
<td>12 months</td>
<td>No treatment failure within 1 year of randomization: no clinical, microbiologic, or histologic criterion are met</td>
<td></td>
</tr>
</tbody>
</table>

The abbreviations used in the table are as follows: IV – intravenous; S/S – signs or symptoms; ALCS – antibiotic-loaded cement spacer; DAIR – debridement, antibiotics, and implant retention; SEA – staged exchange arthroplasty; FBO – followed by oral; CRP – C-reactive protein; ESR – erythrocyte sedimentation rate; MSIS – Musculoskeletal Infection Society; IQR – interquartile range. T1 denotes Tier 1: infection control and no chronic antibiotic suppression. T3B denotes Tier 3B: septic revision >1 year from initiation of PJI treatment. T3E denotes Tier 3E: amputation, resection, arthrodesis, and Girdlestone procedure.
Experiment: Short duration IV antibiotic, Control: Long duration IV antibiotic

Figure 2. A forest plot outlining the overall success rate of the short-duration (experimental) and long-duration (control) IV antibiotic treatments in THA- or TKA-related PJI.

Experiment: Short duration IV antibiotic, Control: Long duration IV antibiotic

Figure 3. A forest plot outlining the adjusted success rate of short-duration (experimental) and long-duration (control) IV antibiotic treatments in THA- or TKA-related PJI.

when baseline variables were analyzed (Table 5). Due to the small number of studies that included them, other outcomes such as hospital length of stay (LOS) and mortality were not included in our meta-analysis.

4 Discussion

Recently, the OVIVA trial compared oral and IV (short and long) treatment in the setting of orthopaedic infection, and a previous meta-analysis by Yen et al. (2019) compared short- and long-term antibiotic courses in PJI treatment but was not exclusive to parenteral antibiotics. To the best of our knowledge, our meta-analysis is the first and most up-to-date study comparing the short- and long-term parenteral antibiotics component for THA- and TKA-related PJI. In our meta-analysis, paper selection was different because the focus was on the IV component of treatment. In fact, some of the studies by Yen et al. (2019) were not included in our analysis because their focus was oral antibiotics; however, recent studies such as those by Ma et al. (2020) and Li et al. (2019), were added to our analysis.
Table 2. Quality assessment of the observational studies using the Newcastle–Ottawa Quality Assessment Form for Cohort Studies.

<table>
<thead>
<tr>
<th>Study</th>
<th>Selection</th>
<th>Comparability</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chaussade et al. (2017)</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Ma et al. (2020)</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Mittal et al. (2007)</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Byren et al. (2009)</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Hsieh et al. (2009)</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Laffer et al. (2006)</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>El Helou et al. (2011)</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

With the limited studies available for review, this analysis found no significant difference in overall success rate between short- and long-duration IV antibiotics, but there was significant heterogeneity among the studies. We then chose to recalculate the success rates after the exclusion of two studies: the study by Byren et al. (2009), which compared 26 participants in the shorter-duration IV antibiotics group vs. 86 participants in the longer-duration IV antibiotics group, and the study by Hsieh et al. (2009), which compared 56 patients in the shorter-duration period vs. 51 in the longer-duration period. Once the abovementioned studies were removed, the homogeneity of the comparisons improved dramatically. With this new comparison, the adjusted success rate showed a significant difference between groups, favoring the shorter duration (OR of 2.45 [1.21, 4.96]) amongst a more homogeneous population ($I^2$ of 51%, $p = 0.06$).

Diverse studies in the literature have shown that shorter IV antibiotic treatments are more effective, although in smaller cohort studies. As described by Darley et al. (2021), a small series of infected THAs were successfully reimplanted after 14 d of IV antibiotics (range of 12–28 d) followed by 6 weeks of oral antibiotics (range of 2–25 weeks) before second-stage reimplantation, often in combination with rifampin (Darley et al., 2011). There were high success rates with a similar approach in studies by Ciriviri et al. (2015) and Ascione et al. (2017). A recent randomized pilot trial study by Manning et al. (2022) comparing short- and standard-course intravenous antibiotics for peri-prosthetic joint infections managed with debridement and implant retention showed that shorter courses of IV antibiotics may be appropriate in selected patients with early and late acute PJIs managed with DAIR (debridement, antibiotics, and implant retention). Another recent study by Boclé et al. (2021), studying the effectiveness of early switching from intravenous to oral antibiotic therapy in *Staphylococcus aureus* prosthetic bone and joint or orthopedic metalware-associated infections, concluded that there was a low treatment failure rate in patients with *S. aureus* prosthetic bone and joint or orthopedic metalware-associated infection with an early oral switch from intravenous to oral antibiotic therapy.

In fact, recent evidence indicates that an early switch to oral therapy and, thus, a shorter initial duration of intravenous antibiotic treatment is effective in patients with PJIs (Boclé et al., 2021; Darley et al., 2011) and can potentially reduce the bacterial bioburden. As for the antibiotic stewardship and the risk reduction of antimicrobial resistance, as a new analysis of data from a randomized trial by Pettigrew et al. (2022) provides more evidence in support of shorter antibiotic courses for young children with non-severe community-acquired pneumonia (CAP) (Pettigrew et al., 2022); thus, this article supports the idea of “shorter is better” when it comes to antibiotic duration in the sense of less negative impact on the microbiota and less selection for resistance. Moreover, the shorter the duration of IV antibiotics, the less invasive the procedure is for patients, as IV...
therapy necessitates the use of an intravenous vascular access line, which can lead to infections and thromboembolic diseases (Tice et al., 2004). Long treatment courses, therefore, increase the risk of adverse events, increased length of hospital stays, influence the patient’s microbiota and environment, and have a higher economic cost (Polk et al., 2004; MacDougall et al., 2005; Schindler et al., 2013; Valour et al., 2014).

Comparing baseline variables like infection prevalence and acuity between groups showed no significant differences. Baseline variables also included differences in surgical treatments; DAIR and a staged exchange arthroplasty were emphasized in most studies, but this was limited by study numbers. The IDSA (Osmon et al., 2013) recommends 2–6 weeks of pathogen-specific IV antibiotics after DAIR and one-stage exchange. Antibiotics are generally prescribed for shorter durations in European guidelines: a 15d course of IV antibiotics is recommended in clinical practice by the Société de Pathologie Infectieuse de Langue Française for bone and joint prosthetic device infection (Société de Pathologie Infectieuse de Langue Française (SPILF) et al., 2010), and Italian guidelines recommend that, after resection arthroplasty, 2–3 weeks of intravenous antibiotics be administered. As a result, of our meta-analysis, most of the short-duration IV antibiotic components of the treatment lasted less than 2 weeks, favoring a shorter-duration effect.

Our study is limited due to the inherent limitations of a meta-analyses. The validity is dependent on the quality and quantity of studies that are used. Our meta-analysis included eight cohort studies and only one randomized clinical trial. However, the eight cohort studies included have a Newcastle–Ottawa scale rating of 5 or higher, indicating that the study is of intermediate or higher quality. A further limitation of this meta-analysis is the difficulty in interpreting the conclusive results, as (although the duration of IV antibiotics was evaluated) some studies focused solely on the IV component, whereas others reflected clinical practice by showing intravenous antibiotics followed by oral antibiotic therapy. In addition, we were not able to adhere to heterogeneity in all aspects of study design, such as differences in surgical

Table 3. Risk of Bias 2 (RoB 2) for randomized controlled trials.

<table>
<thead>
<tr>
<th>Assessment criteria</th>
<th>Li et al. (2019)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bias arising from the randomization process</td>
<td>Low risk</td>
</tr>
<tr>
<td>Bias due to deviations from intended interventions</td>
<td>Low risk</td>
</tr>
<tr>
<td>Bias due to missing outcome data</td>
<td>Low risk</td>
</tr>
<tr>
<td>Bias in measurement of the outcome</td>
<td>High risk</td>
</tr>
<tr>
<td>Bias in selection of the reported result</td>
<td>Some concerns</td>
</tr>
</tbody>
</table>

Table 4. Success rate outcomes among heterogeneous and homogeneous populations.

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Number of studies</th>
<th>Combined OR</th>
<th>Heterogeneity</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Effect estimate</td>
<td>95 % CI</td>
</tr>
<tr>
<td>Overall success rate</td>
<td>9</td>
<td>1.65 (random-effects model)</td>
<td>[0.78, 3.46]</td>
</tr>
<tr>
<td>Adjusted success rate</td>
<td>7</td>
<td>2.45 (fixed-effects model)</td>
<td>[1.21, 4.96]</td>
</tr>
</tbody>
</table>

Table 5. Baseline variables in patients receiving short-duration (experimental) and long-duration (control) IV antibiotic treatments for PJI.

| Prevalence of CoNS | 6 | 1.35 | [0.77, 2.36] | 1.05 | 0.29 |
| Prevalence of MRSA | 4 | 0.77 | [0.44, 1.36] | −0.9 | 0.37 |
| Prevalence of TKA | 7 | 0.99 | [0.73, 1.34] | −0.09 | 0.93 |
| Prevalence of THA | 5 | 1.01 | [0.74, 1.37] | 0.06 | 0.95 |
| Prevalence of onset of infection: early infection | 2 | 0.69 | [0.23, 2.05] | −0.66 | 0.51 |
| Prevalence of onset of infection: delayed infection | 2 | 0.71 | [0.14, 3.39] | −0.42 | 0.67 |
| Prevalence of onset of infection: late infection | 2 | 1.87 | [0.52, 6.74] | 0.96 | 0.33 |

The abbreviations used in the table are as follows: CoNS – coagulase-negative staphylococci; MRSA – methicillin-resistant *Staphylococcus aureus*; TKA – total knee arthroplasty; THA – total hip arthroplasty.
treatments, the pathogens identified, and the selection of antimicrobials. More homogeneity is needed in future research. Studies from a wide range of environments and from different countries including patients of various races may provide generalizability that could be beneficial. Furthermore, there was no consistent definition of success rate across studies: some reported remission rates, whereas others reported failure rates, which we adjusted to a success rate definition along with the number reported in the study. In addition, the MSIS classification as per outcome reported was adjusted to the best fit based on the information provided by each study.

5 Conclusions

There is evidence that short-duration IV antibiotic treatment is not inferior to long-duration IV antibiotics and that the impact of transitioning to a short course of treatment could be significant in improving the care provided to patients suffering from PJI. However, there is a paucity of literature to support this change in practice. To ensure that this transition is made safely, further evaluation should occur. Given the rarity of this complication, it would likely require a multicenter, randomized, controlled trial.

Data availability. The additional information used in this work can be accessed by contacting Matthew Scarborough (matthew.scarborough@ouh.nhs.uk) or Lilian Mwango, the data curator (lmwango@kemri-wellcome.org) for the OVIVA Trial.

Author contributions. MJD conceived of the presented idea. NB and SW developed the theory and performed the computations. MJD supervised the findings of this work. All authors discussed the results and contributed to the final manuscript.

Competing interests. The contact author has declared that none of the authors has any competing interests.

Ethical statement. This study is a meta-analysis; therefore, the authors were not required to obtain any written informed consent from patients nor the approval of the institutional review board before submitting the publication.

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