

Research Paper

# Antibiotic Elution and Mechanical Strength of PMMA Bone Cement Loaded With Borate Bioactive Glass

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## Abstract

**Introduction:** Local delivery of antibiotics using bone cement as the delivery vehicle is an established method of managing implant-associated orthopedic infections. Various fillers have been added to cement to increase antibiotic elution, but they often do so at the expense of strength. This study evaluated the effect of adding a borate bioactive glass, previously shown to promote bone formation, on vancomycin elution from PMMA bone cement.

**Methods:** Five cement composites were made: three loaded with borate bioactive glass along with 0, 1, and 5 grams of vancomycin and two without any glass but with 1 and 5 grams vancomycin to serve as controls. The specimens were soaked in PBS. Eluate of vancomycin was collected every 24 hours and analyzed by HPLC. Orthopedic-relevant mechanical properties of each composite were tested over time.

**Results:** The addition of borate bioactive glass provided an increase in vancomycin release at Day 1 and an increase in sustained vancomycin release throughout the treatment period. An 87.6% and 21.1% increase in cumulative vancomycin release was seen for both 1g and 5g loading groups, respectively. Compressive strength of all composites remained above the weight-bearing threshold of 70 MPa throughout the duration of the study with the glass-containing composites showing comparable strength to their respective controls.

**Conclusion:** The incorporation of borate bioactive glass into commercial PMMA bone cement can significantly increase the elution of vancomycin. The mechanical strength of the cement-glass composites remained above 70 MPa even after soaking for 8 weeks, suggesting their suitability for orthopedic weight-bearing applications.

Key words: borate glass, bioactive glass, vancomycin, elution, strength

## Introduction

Periprosthetic joint infections are considered one of the most serious complications following orthopedic procedures. Studies of the Medicare population between 1997 and 2006 found the risk of infection within the first two years following total joint replacement to be 1-2%. [1,2] Treatment often requires prolonged systemic and local delivery of antibiotics. Local antibiotic delivery is usually done by injection, sprinkling into the open wound, or

delivery from an implanted device, the most common of which is bone cement. While it may not be the best drug delivery vehicle, bone cement is used by surgeons to deliver antibiotics because it is often already at the site of infection in the form of temporary spacers, bone void filler, or for implant anchorage.

The addition of antibiotics to bone cement was successfully introduced as a means to treat infection

around prosthetic joints in 1970.[3] Until 2003, when the first commercially available preloaded antibiotic bone cement became available, surgeons added antibiotics to the cement during mixing in the OR.[4] Given the limited variety of antibiotics preloaded within commercial bone cement, surgeons often add additional antibiotics or other antimicrobial components into bone cement in the OR. The aminoglycosides gentamicin and tobramycin are the most common antibiotics commercially preloaded into bone cement, while vancomycin is the most common antibiotic added to cement in the OR.

Poly(methyl methacrylate) (PMMA), one of the most widely used thermoplastic acrylics, has been used as a base for bone cement since the 1940s.[5] Although routinely used and recognized as an effective drug delivery vehicle, PMMA-based bone cement typically elutes merely a small fraction of the antimicrobials that are mixed into it, almost all of which is released during the first few days.[6] PMMA hardens to form an inherently impermeable, nonresorbable, hydrophobic, and low-porosity solid that is not optimal for the delivery of drugs. However, despite its hydrophobicity, PMMA and PMMA-based bone cement can still absorb up to as much as 2% water by weight.[7-9] This fluid absorption and exchange allows for some of the drug molecules to escape from the confines of the PMMA matrix, but primarily only those near the surface of the cement. One approach to increasing antibiotic delivery might be to simply increase the amount of antimicrobial mixed into the cement. However, drug incorporation into cement can be limited by the additive's negative effect on the cement's mechanical strength, workability, setting time, or other properties.[10,11]

Numerous techniques and additives have been evaluated as a means of increasing bone cement's elution of antibiotics while subsequently trying to maintain the mechanical properties necessary for its use as a load-bearing cement. Increasing porosity or inhomogeneity of bone cement composites has been a primary goal. Mixing without vacuum or delaying the mixing until the cement has partially polymerized has been shown to promote increased elution of antibiotics.[12] A combination of additives can also be used to increase elution. Penner et al. showed that the addition of tobramycin and vancomycin together into PMMA as opposed to adding either alone increased the elution of both antibiotics from PMMA.[13] Other techniques for increasing elution have focused on adding various materials to function as porogens, such as polymers or bioactive glasses.[14] The addition of a bioresorbable filler to the bone cement creates the possibility of increasing cement porosity over time as the filler resorbs, leaving behind channels

for drug escape. Xylitol and chitosan have been studied for their use as bioresorbable porogens within PMMA and have been shown to increase drug elution from the cement at the cost of decreased cement strength.[15,16]

Silicate and borate bioactive glasses are the most common bioactive glasses to be used in medicine.[17] The original silicate bioactive glass formulation, Bioglass 45S5, was first formulated in 1969 by Dr. Larry Hench and has since been studied extensively.[18,19] Silicate-free borate bioactive glass was introduced in 2005 as an alternative bioactive glass for cell-based bone tissue engineering scaffolds.[20,21] These bioactive glasses have several properties that make them potentially useful in bone healing and infection sites. First, they support local bone growth. As the bioactive glass particles dissolve *in vivo*, the ions released from the glass support osteogenic activity, promoting healing.[22,23] Second, once released, calcium and phosphate ions from the glass combine with local ions to form a hydroxyapatite (HA)-like layer on the material's surface that has the ability to bond with hard and soft tissues, including bone.[24,25] Third, bioactive glasses can be antimicrobial themselves and have been shown to be bactericidal either alone or when doped with trace quantities of elements known to have antimicrobial effects such as silver, gallium, or iodine.[26-28]

Studies have suggested that bioactive glass may aid in local antibiotic delivery from cement as well as in bone regeneration.[26] A previous study by D. Arcos et al. investigated the addition of silicate bioactive glass to acrylic bone cement.[29] They found that this combination could be used to control antibiotic elution, and that the presence of bone cement and gentamicin did not affect the bioactive behavior of the glass. Compared to silicate-based bioactive glass, borate bioactive glasses degrade faster and convert more completely to an HA-like layer due to their lower chemical durability and higher aqueous solubility.[25,30] For this reason, borate bioactive glass may be a better candidate than silicate glass to increase antibiotic delivery from bone cement.

Given the potential advantages, this study sought to evaluate whether adding borate bioactive glass to PMMA bone cement would increase the rate of antibiotic elution while maintaining the cement's mechanical strength. We hypothesized that PMMA-based bone cement with incorporated bioactive glass would increase the total elution of vancomycin for both low and high vancomycin loads and that the mechanical strength would not be reduced below the 70 MPa ISO standard.[31]

## Methods

### Cement Composite Preparation

The bone cement used was SmartSet MV (DePuy, Warsaw, IN, USA). The cement was sterile and used prior to its expiration date. Medical grade vancomycin • HCl powder was obtained from Fagron, Inc. through Sigma-Aldrich.

Borate bioactive glass (13-93B3) was prepared at and obtained from Missouri University of Science and Technology (Dr. Mohamed Rahaman). 13-93B3 (mol%: 6 Na<sub>2</sub>O, 7.9 K<sub>2</sub>O, 7.7 MgO, 22.1 CaO, 54.6 B<sub>2</sub>O<sub>3</sub>, 1.7 P<sub>2</sub>O<sub>5</sub>) was prepared by mixing Na<sub>2</sub>CO<sub>3</sub>, K<sub>2</sub>CO<sub>3</sub>, MgCO<sub>3</sub>, CaCO<sub>3</sub>, NaH<sub>2</sub>PO<sub>4</sub> • 2H<sub>2</sub>O, and H<sub>3</sub>BO<sub>3</sub> (Fisher Scientific) together and heating the mixture to 1100°C for 1 hour inside a platinum crucible, which was then quenched between steel plates at room temperature (23 °C). The glass was crushed to a diameter of 5 µm by grinding 100g of glass frits for 150 seconds in a steel shatterbox (8500 Shatterbox, Spex SamplePrep LL, Metuchen, NJ). The glass was then ground for 90 minutes in an attrition mill (Model 01-HD, Union Process, Akron, OH). Once dried, the glass was ground with a mortar and pestle and then sieved through a stainless steel sieve. Particle size analysis, performed using a Microtrac S3000 particle size analyzer, showed the glass had an average size of 5 µm with a standard deviation of 3 µm.

Five cement groups were prepared, each with different compositions (Table 1). For each group the dry cement component (40g) was mixed with a set amount of borate bioactive glass and/or vancomycin powder using a manual mixer without vacuum at the rate of 1 rotation per sec until uniform. The 20-mL liquid monomer component was then added and further mixed at 1 Hz for 90 seconds.

Following mixing, the above groups were checked for the doughing stage every 15 seconds as per ASTM standard F451-16.[32] Once the doughing stage was achieved, they were then placed into a polytetrafluoroethylene (PTFE) mold, yielding 6 mm by 12 mm cylinders. The mold was placed into an incubator held at 37°C for one hour to allow cement curing. Afterwards, the cement cylinders were removed from the mold and inspected for significant defects. Defective cylinders were discarded.

### Elution Testing

Ten specimens from each group were each placed separately into 15-mL polypropylene tubes to which 2.5 mL of phosphate-buffered saline (PBS, pH=7.4, Ricca Chemical, Arlington, TX) was added, allowing enough volume to cover the entirety of the specimens. The tubes were sealed and placed within an incubator at 37°C. Elution collection was performed every 24 hours and carried out for 2 weeks for V1 and BGV1. Elution collection was extended to 4 weeks for V5 and BGV5. The residual PBS was discarded and replenished after each collection. The vancomycin concentration of each eluate was analyzed using a Shimadzu 10 series HPLC with a Hypersil GOLD C18 column (5 µm, 250 x 4.6 mm). Isocratic elution was performed with a mobile phase consisting of water–acetonitrile–100 mM ammonium acetate (composite ratio, 78/12/10 v/v/v%), adjusted to a pH of 5.4.[33] Detection wavelength was set to 214nm. The mobile phase was prepared daily. Standard vancomycin calibration curves were prepared with each mobile phase preparation. The concentration of vancomycin was determined by recording elution peaks, baseline correction with control (BG), and matching the value to the corresponding standard curve. Analysis was performed using MATLAB (MathWorks, Natick, MA).

Since a standard commercial bone cement kit containing 40g of powder and 18.88g of monomer was used as the basis for this study, the addition of the glass to groups BGV1 and BGV5 lowered the weight ratio of vancomycin in these groups relative to V1 and V5. To compensate for this difference in vancomycin content, a correction factor was applied to the groups containing bioactive glass and used when comparing relative elution (10.59% in BGV1 and 6.47% in BGV5). This correction factor was based on the measured average weight of the pellets in each group and the calculated amount of vancomycin in each pellet. The vancomycin in each pellet is equivalent to [(avg. wt. of pellet in group) x (vancomycin in batch)]/batch weight. This yielded a conservative correction factor for comparing elution from pellets having different vancomycin content due to the addition of glass.

**Table 1.** The compositions of the antibiotic- and glass-loaded cement groups studied.

Sample Group	Vancomycin (g)	Glass (g)	SmartSet MV Powder (g)	Liquid Component (g)	Vancomycin Component (wt.%)	Glass Component (wt.%)	Specimen Avg. Mass (g)
BG	0	10	40	18.88	0	14.5	0.4358
V1	1	0	40	18.88	1.67	0	0.4182
V5	5	0	40	18.88	7.83	0	0.4036
BGV1	1	10	40	18.88	1.43	14.3	0.4413
BGV5	5	10	40	18.88	6.77	13.5	0.4384

## Compression Testing

The compressive properties of samples from each group were determined using an MTS Mini Bionix 858 loadframe with MTS Series 793™ Control Software (MTS Systems Corporation, 14000 Technology Drive, Eden Prairie, MN). Data was collected at 20 Hz. Five random samples from each group were tested in compression after having soaked at 37°C for 0, 1, 2, 3, 4, and 5 weeks for BG, V1, and BGV1 and for 0, 2, 4, 6, and 8 weeks for V5 and BGV5 with daily change-out of PBS. Testing was done at a loading rate of 20 mm/min to either 40% strain or fracture, whichever occurred first. Fracture was considered to have occurred when the load fell to below 90% of its peak value. The compressive strength of the pellets was defined as the failure load divided by the cross-sectional area of the pellets. The failure load was taken as either the load at the 2.0% offset from the elastic section of the stress-strain curve, the ultimate yield load, or the load at fracture, whichever occurred first. Young's modulus was defined as the slope of the elastic section of the material's stress-strain curve. The ISO 5833 and ASTM F451 standards for the compressive strength of acrylic bone cement (minimum of 70 MPa) were used as a comparative threshold.[31,32]

## Statistical Analysis

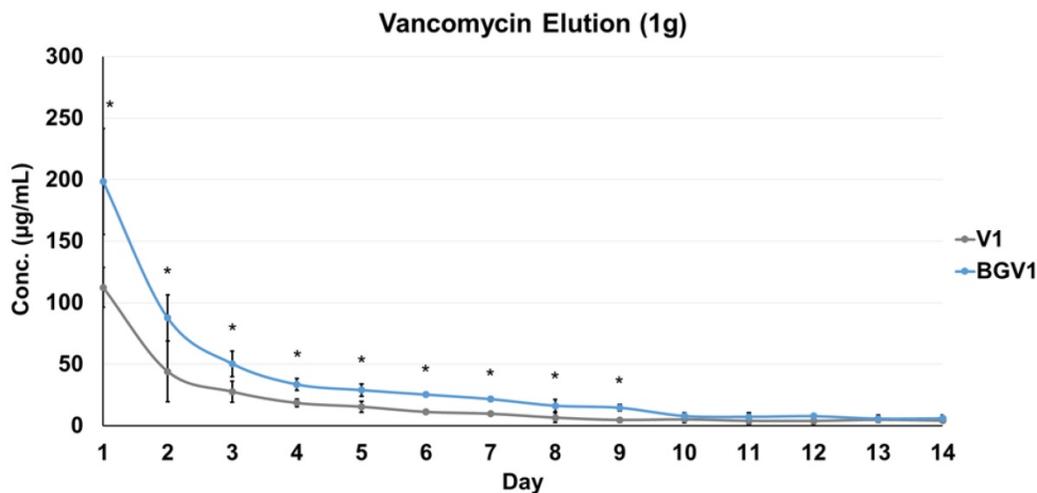
For daily elution, post-hoc unpaired t-tests were used to find significant intra-day differences between groups with equal variance, and Welch's t-test was used for data sets with unequal variances. For total elution, univariate ANOVAs were used to test for significant effects of the groups' compositions. The compressive strengths and Young's moduli of the

studied groups were also compared using unpaired t-tests for equal variances and Welch's t-test for unequal variances. The variances of values were considered unequal if the larger variance was more than three times the smaller variance.

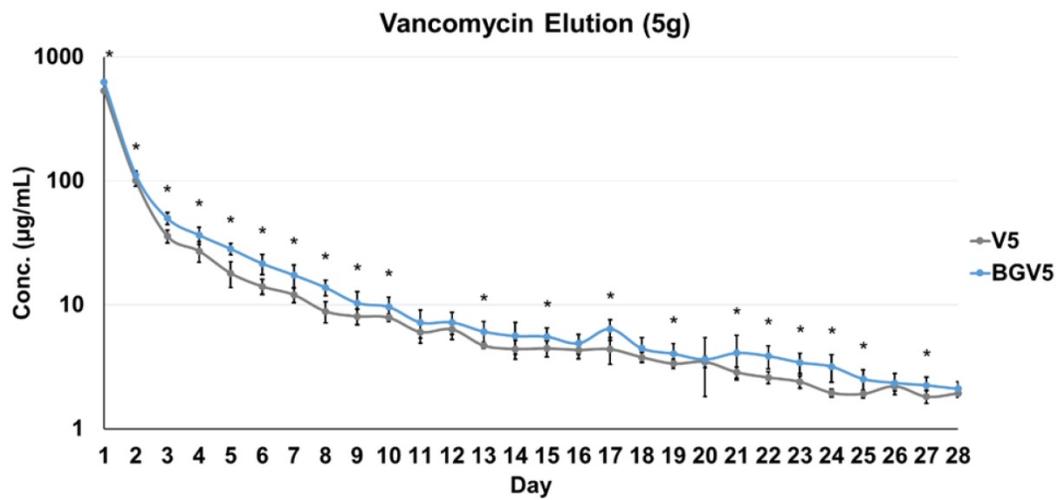
## Results

### Vancomycin Elution

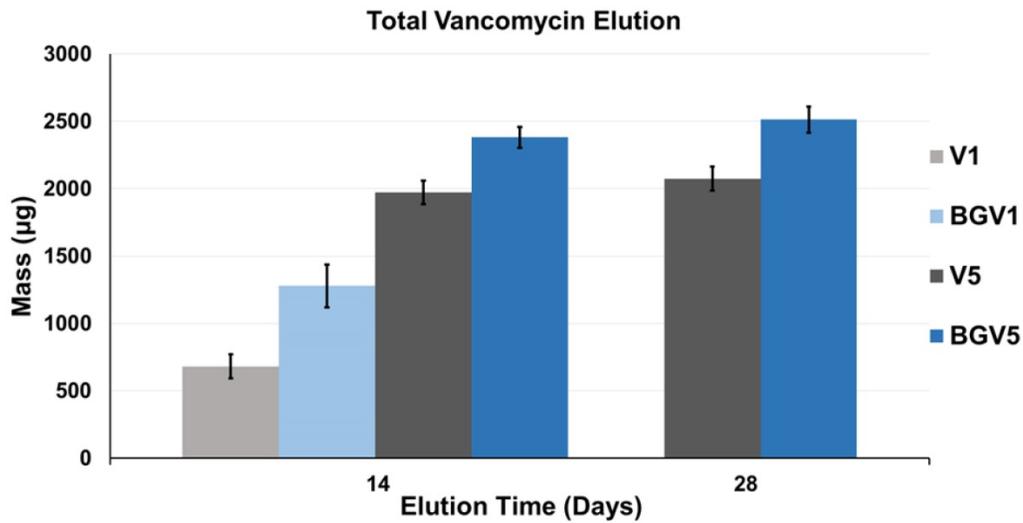
The daily elution profiles of both the 1g and 5g groups are shown below in Figure 1 and Figure 2, respectively. For the 1g groups, BGV1 showed significantly greater cumulative vancomycin elution ( $p < 0.001$ ). A significant difference was seen in elution vancomycin concentration at every day until Day 10 ( $p < 0.05$ ). For the 5g groups, BGV5 again showed significantly greater cumulative elution of vancomycin compared to V5 ( $p < 0.001$ ). A significant difference was seen in elution vancomycin concentration for every day except D11, D12, D14, D16, D18, D20, D26, and D28 ( $p < 0.05$ ). At Day 1, BGV1 concentration was 76.48% greater than that of V1 ( $p < 0.001$ ) and BGV5 had a 17.42% greater concentration than V5 ( $p < 0.001$ ). The total mass of vancomycin released over the elution duration for all groups is compared in Figure 3. BGV1 released 87.56% more vancomycin by mass than V1 over 14 days. BGV5 released 20.76% and 21.10% more vancomycin by mass than V5 over the course of 14 and 28 days, respectively. The cumulative release of vancomycin as a percentage of vancomycin release vs. vancomycin incorporated is shown in Figure 4. BGV1 was able to release the greatest percentage of its loaded vancomycin.



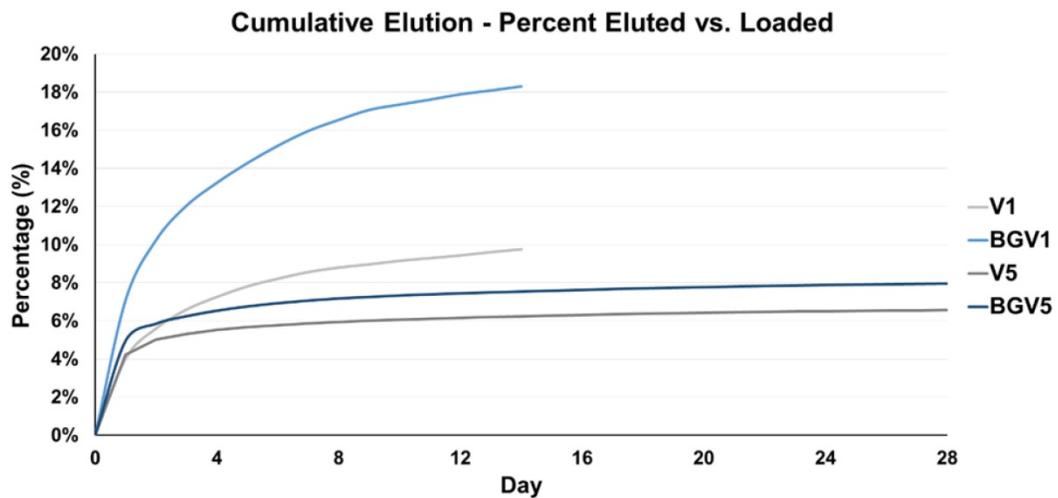
**Figure 1.** Vancomycin concentration of daily eluate for 1g groups (n=10). An asterisk (\*) above a data point indicates a significant difference ( $p < 0.05$ ) between BGV1 and V1. Error bars indicate  $\pm$  one standard deviation from the mean.



**Figure 2.** Vancomycin concentration of daily eluate for 5g groups (n=10) on a log scale. An asterisk (\*) above a data point set indicates a significant difference (p<0.05) between BGV5 and V5. Error bars indicate ± one standard deviation from the mean.



**Figure 3.** Average total elution of vancomycin over 14 days for all groups, and 28 days for V5 and BGV5. Error bars indicate ± one standard deviation from the mean (n=10).



**Figure 4.** Cumulative average of vancomycin eluted from each group (n=10) as a percentage of vancomycin contained within each group over the treatment period.

### Mechanical Characterization

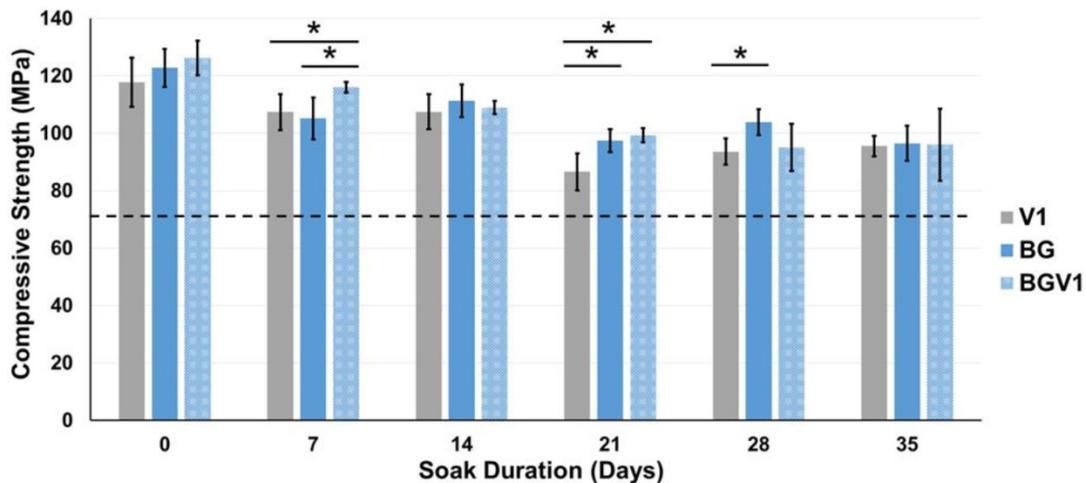
The compressive strengths of V1, BG, and BGV1 are shown in Figure 5. The compressive strengths of V5 and BGV5 are shown in Figure 6. Significant differences were noted for V1 and BGV1 at days 7 and 21, for V1 and BG at days 21 and 28, and for BG and BGV1 at day 7. Throughout the duration, no group's compressive strength fell below 70 MPa. All groups recorded their max strength at Day 0 with steady decline throughout the treatment period. Significant differences were noted between V5 and BGV5 at Day 0, 42, and 56. Throughout the duration, neither group's compressive strength fell below 70 MPa. Both groups had the highest compressive strength at Day 0, which then fell for throughout the treatment period. Separate single-factor ANOVAs were run for 1g and 5g groups which revealed that both time and bioactive glass addition were found to significantly affect compressive strength ( $p < 0.05$ ).

The Young's modulus for the 1g groups and 5g groups are displayed in Figure 7 and Figure 8, respectively. Young's modulus slowly decreased over

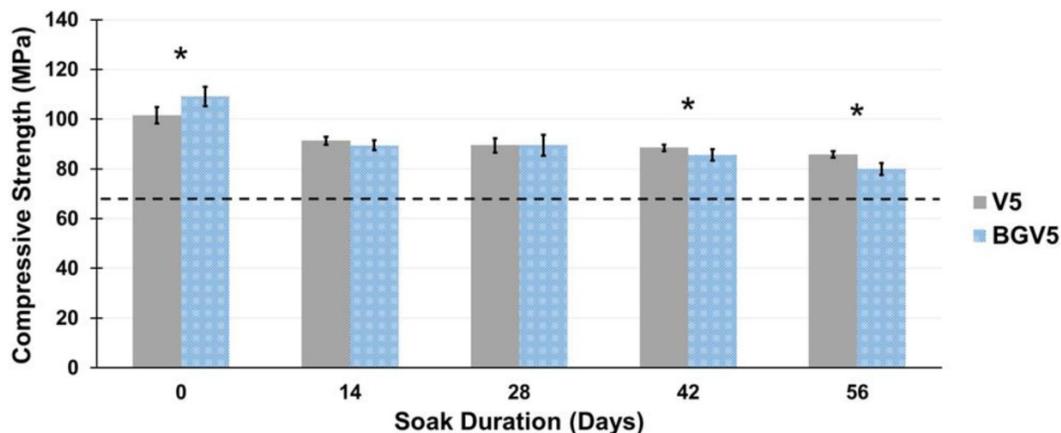
time for both groups, similar to compressive strength. Significant differences between V5 and BGV5 were detected 14, 28, and 42 days after the beginning of soaking. Separate single-factor ANOVAs were run for 1g and 5g groups which revealed that both time and bioactive glass addition were found to significantly affect Young's modulus ( $p < 0.05$ ).

### Discussion

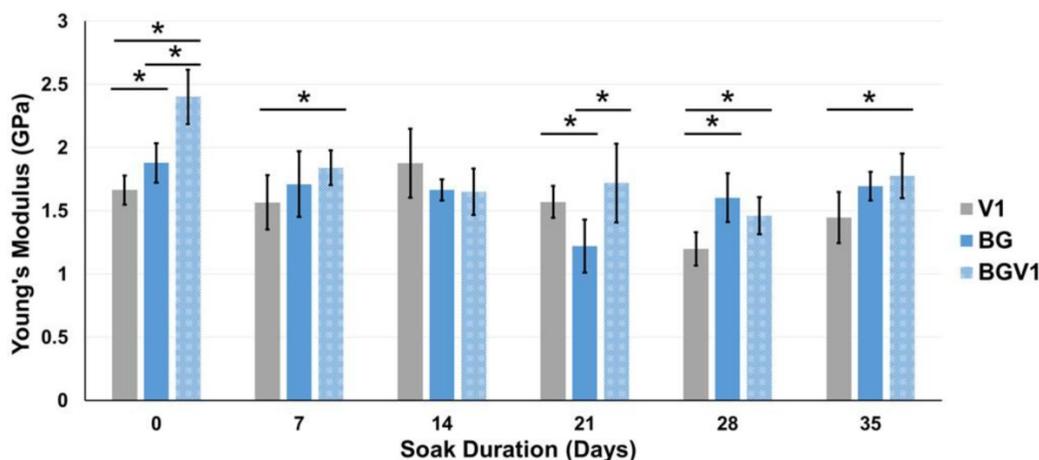
An advantage of locally delivered antibiotics is that a higher concentration of drug can be achieved at the site of concern without the toxicity of orally or intravenously administered antibiotics.[34,35] A major concern associated with antibiotic-laden bone cement is the ability of pathogens to develop drug resistance upon sustained exposure to low local concentration of drug, specifically when below the Minimum Inhibitory Concentration (MIC).[36-38] By increasing the sustained release of a drug from bone cement, it becomes less likely a pathogen will be exposed to below MIC conditions before infection clearance.



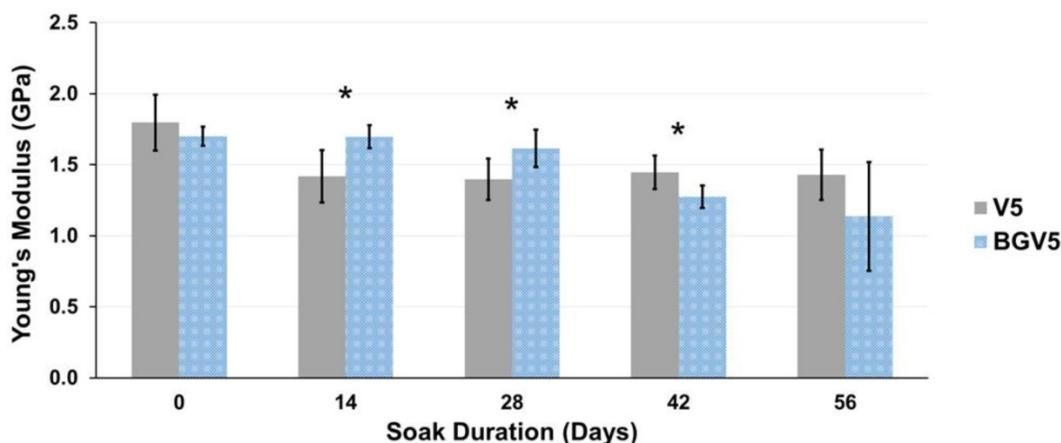
**Figure 5.** The compressive strengths of V1, BG, and BGV1 over time. An asterisk (\*) over a bar represents a significant difference ( $p < 0.05$ ) between the groups ( $n = 5$ ) at the ends of the bar. Error bars represent  $\pm$  one standard deviation. The dashed line indicates the 70 MPa threshold.



**Figure 6.** The compressive strengths of V5 and BGV5 over time. An asterisk (\*) above a time point represents a significant difference ( $p < 0.05$ ) between the groups ( $n = 5$ ) at that time duration. Error bars represent  $\pm$  one standard deviation. The dashed line indicates the 70 MPa threshold.



**Figure 7.** The Young's moduli of V1, BG, and BGV1 over time. An asterisk (\*) over a bar represents a significant difference ( $p < 0.05$ ) between the groups ( $n = 5$ ) at the ends of the bar. Error bars represent  $\pm$  one standard deviation.



**Figure 8.** The Young's moduli of V5 and BGV5 over time. An asterisk (\*) above a time point represents a significant difference ( $p < 0.05$ ) between the groups ( $n = 5$ ) at that time duration. Error bars represent  $\pm$  one standard deviation.

Little is known about the role of a water soluble glass in aiding antibiotic elution from cement. It is believed that as the solution penetrates into the cement it comes into contact with the soluble glass. The dissolved glass solution moves towards areas of less concentration, creating larger pores and carrying along with it the antibiotic.[39,40] While inert fillers can improve antibiotic elution, bioactive fillers can serve further beneficial purposes within the context of the bone-cement-implant interface. As the bioactive glass dissolves, its components precipitate back onto the surface as calcium phosphate, which crystallizes into hydroxyapatite.[41]

The addition of borate bioactive glass into bone cement functions as a water soluble porogen that allows for significant increases in vancomycin elution from the cement. Even with a modest glass loading percentage (13-15, wt.%), both groups loaded with either 1g or 5g of vancomycin outperformed their respective controls. The perceived mechanism leading to this increase in elution was mentioned earlier, being that the dissolved glass would allow for further fluid contact and exchange with the previously

entrapped drug. Interestingly, when comparing the percentage of vancomycin eluted compared to the amount loaded into each group, BGV1 released nearly double that of all other groups. As the loading of vancomycin increases, diminishing returns are observed in terms of vancomycin release percentage.

Concerns have been raised over the potential cytotoxicity of borate bioactive glass, and the inhibition of cellular growth by boron has been seen in some *in vitro* tests.[25,42] However, these same issues have not been seen *in vivo*, possibly due to the dynamic nature of the environment and the body's ability to metabolize and transport boron ions away from the site before they can collect enough in areas to create cytotoxic concentrations.[42] Jia et al. performed an *in vivo* rabbit infection experiment in which they implanted borate bioactive glass loaded with teicoplanin at 10% w/w%. They found superior osteogenic and bone healing responses compared to that of calcium sulfate loaded with teicoplanin and reduced MRSA cultures compared to those treated intravenously.[43]

For all groups, the compressive strength was higher than the ASTM and ISO minimum standard of 70 MPa, even after 35 and 56 days of soaking. When significantly different from BGV1 or BG, V1 had lower compressive strengths, revealing the reinforcing effect provided by the glass. BGV5 had a significantly higher compressive strength than V5 at Day 0 but slowly fell below V5 by Day 42 and 56 of soaking. This could be attributed to the increased mass loss from elution of both the drug and glass over a long period in aqueous solution. The moduli for all groups remained below an average of 2.5 GPa. This low moduli can help prevent stress shielding from a mismatch in bone and implant mechanical properties.[44]

Three previous papers have been published on glass-antibiotic-PMMA composites.[29,45,46] None of these used borate bioactive glass or evaluated changes in composite strength over time after exposure to fluid. The primary focus of these studies appeared to be directed toward characterization and development of cement-filler composites for low strength applications, whereas we focused on maintenance of mechanical properties for load-bearing applications with a relatively low filler amount.

Arcos et al. demonstrated gentamicin release from a silicate glass ( $\text{SiO}_2\text{-CaO-P}_2\text{O}_5$ )/PMMA composite material but primarily investigated whether the presence of the antibiotic and PMMA had any substantial effect on the bioactivity of the glass.[29] Ragel et al. also characterized cement composites using the same bioactive glass as Arcos but with the addition of poly(L-lactic acid) (PLA).[45] As did Arcos, Ragel characterized the formation of HA onto the composite's surface but did not measure material strength or compare the antibiotic elution achieved to any control or other composite. When compared to the results reported in the Arcos paper, they did seem to find a slightly higher elution rate with the addition of the PLA. Both papers reported a robust apatite-like formation on the surface of the composite material, demonstrating strong bioactivity despite the presence of the PMMA and antibiotic. It should be noted that the composites from both of these studies had relatively low percentages of PMMA by weight: Arcos 32 wt.%, Ragel 27 wt.%. From these low PMMA cement composites, they were able to deliver around 80% of the incorporated gentamicin over 48 hours. Neither of these studies made a comparison of antibiotic release rates between PMMA and the glass/PMMA composite to evaluate the beneficial effects on elution from glass addition. In our study, we did make a head-to-head comparison to controls and were able to demonstrate a substantial increase in elution due to

the presence of the bioactive glass. Although no mechanical testing was reported in these two papers, it is likely that due to high filler content the strength would have decreased very rapidly in solution, rendering these composites suitable for bone fillers and beads but not for load-bearing applications.

Fernandez et al. evaluated the effect of adding acrylic-phosphate glasses ( $\text{P}_2\text{O}_5\text{-CaO-Na}_2\text{O}$ ) to PMMA bone cement on vancomycin elution.[46] Comparing their results to control (0 wt% glass), they found no increase in drug release after adding 30% glass by weight but did find that 60 wt% and 70 wt% yielded substantial increases in drug release. While mechanical testing on the composites without vancomycin prior to soaking showed little change in the strength due to glass incorporation, no data was given about strength of the composites after soaking and elution. Although unreported, it is likely that the high amounts of water soluble acrylic-phosphate led to a rapid decrease in the mechanical strength of the composite. In our study, we used a relatively low amount of glass filler (13-15 wt%) in order to maintain compressive strength above 70 MPa while still detecting significant increases in vancomycin elution above control.

### Study Limitations

Limitations of our study include those common to *in vitro* elution studies. The nature of *in vitro* studies do not necessarily reflect *in vivo* or clinical conditions, and they do not address the issue of how much elution is enough. Elution was carried out in a defined volume static solution, which is not necessarily the case within the context of the human body. Due to differences in hydrostatic pressure against the cement surface as well as the solubility of any drug within the human body, an absolute comparison to this environment with *in vitro* elution data cannot be made. The goal of this study was to directly quantify the augmentation of vancomycin elution from PMMA due to the addition of a bioactive filler material.

### Conclusions

Borate bioactive glass addition to commercial PMMA bone cement was shown to be an effective bioactive filler for the purpose of increasing vancomycin from the cement. Even with a modest glass filler wt.% relative to other methods, vancomycin release is significantly increased both during initial burst release and over the subsequent lower release period. Importantly, the compressive strength of these glass-cement composites are able to achieve orthopedic weight-bearing applicability by maintaining strength over 70 MPa, even after soaking for as long as 8 weeks.

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## Competing Interests

The authors have declared that no competing interest exists.

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